

Are you caring for someone or living with dementia?

Come and join us at

Chorleywood Dementia Connections Café.

For everyone with any level of dementia, memory problems and
their carers



Working with Watford & Three Rivers Trust - Getting Together Service; this friendly and welcoming cafe is for people living with, or caring for someone, with dementia or memory problems.

*Our memory café offers exercise and memory activities,
opportunities to meet new people, emotional and
practical supportand plenty of fun!*

The first Monday of every month

10.30 – 12.30

Christ Church, The Common, Rickmansworth Road,
Chorleywood, WD3 5SG

Contact Tel: 01923 216953 Email: wellbeing@w3rt.org

